

Dr. Jane Thibaut is a consultant for aging issues, specializing in spiritual dimensions of aging. A trained spiritual director, she provides spiritual mentoring, workshops, and retreats for adults and their caregivers. Jane is an emerita clinical professor of geriatrics and gerontology at the University of Louisville, where she taught for thirty-two years, and a member of both the Secular Order of Discalced Carmelites and the Contemplative Aging Cenobium of Mepkin Abbey.

She has worked clinically with elders and their families for more than three decades. Understanding the nuances of dementias and related cognitive disorders is her specialty, including how best to prepare the person, the family and the support system to work with those who suffer from cognitive impairments.

Thibault received her Ph.D. from the University of Chicago, an M.S.S.W. in geriatric social work from the University of Louisville, an M.A. in counseling psychology from Chapman University in Orange, Calif., and a bachelor's degree in English from Salve Regina University in Newport, R.I.