

Mistianna is currently a spiritual blogger, seminar facilitator for the Catholic Women's Group, Women of the Well, and a stay at home Mom. She has a Bachelor of Arts and a Masters in Public Administration from Western Kentucky University. She married her college sweetheart, Derrick, who was ordained a Catholic Deacon in 2012. As a Woman of the Diaconate, Mistianna writes a monthly column for the Diaconate Newsletter, and posts a spiritual blog called "The Real Deacon's Wife" at therealdeaconswife.com

Together, Mistianna and Deacon Derrick are members of St. Margaret Mary Catholic Church here in Louisville. They speak to engaged couples in the Archdiocese of Louisville at the Foundations of Marriage Class on the Sacrament of Marriage and are facilitators for the Engaged Encounter.

As a Catholic Woman, Mistianna brings an enthusiasm and joy for the Catholic faith to every witness talk, faith seminar and retreat she facilitates. As a former PR Director and Executive Director of Public Affairs, she is able to blend her knowledge of good communication skills with her love for the Holy Eucharist, Scripture and the Catholic Catechism to bring women of today clarity and excitement about their Catholic faith. As an experienced facilitator, for Women of the Well, Mistianna brings elegant presentation skills, practical real life experiences and a stay at home mom's perspective. Finally, as a deacon's wife, she possesses a deep spirituality and desire for life-long learning rooted in Catholic tradition and faith.